

Aravalli Ridge, an Archeological View

by Potluri Rao In Seattle ©2018 (CC BY 4.0)

The Aravalli Ridge separated the Thar desert from the rest of India. When the monsoon winds blew from west to east, the west side of the ridge was fertile lands called Punjab. When the winds blew from east to west, Punjab was deprived of rainwater and became wastelands. Every 20,000 years, monsoon winds reversed direction based on the earth's rotation called Axial Tilt. Punjab alternated between fertile lands and wastelands every 20,000 years, for millions of years. Currently, the winds blow from east to west.

Sixty thousand years ago, Punjab was fertile lands that attracted Hindu, the DNA F, from Ethiopia (Africa). Hindu lived in Punjab for 20,000 years before they were forced to move to the east side to the Yamuna basin by the climatic change.

