

Aravalli Ridge: An Archeological View

by Potluri Rao In Seattle ©2018 (CC BY 4.0)

The Aravalli Ridge separated the Thar Desert from the rest of India. When the monsoon winds blew from west to east, the west side of the ridge was fertile land called Punjab. When the winds blew from east to west, Punjab was deprived of rainwater and became a wasteland. Every 20,000 years, monsoon winds reversed direction based on the earth's rotation, called axial tilt. Punjab alternated between fertile land and wasteland every 20,000 years, for millions of years. Currently, the winds blow from east to west.

Sixty thousand years ago, Punjab was fertile land that attracted Hindus, the DNA F, from Ethiopia (Africa). Hindus lived in Punjab for 20,000 years before they were forced to move to the east to the Yamuna basin by the climatic change.



